


# POWER SCORE



POWERLIFTING MEET  
SCORING SYSTEM



## PowerScore 5.0 Quick Start Guide

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## **PowerScore Powerlifting Meet Scoring System**

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# Section 1. PowerScore System Requirements, Installation and Registration

## System Requirements

- Windows® 98/NT/2000/XP (not recommended for Windows® 95 or ME).
- Mouse required
- At least 4MB unused hard disk space
- CD or floppy drive needed for software installation
- Windows® compatible printer (laser or inkjet recommended)
- Color monitor (recommended).

## Installation

### Installing from CD

1. Start Windows.
2. Insert the PowerScore CD into the CD drive.
3. After a moment, the PowerScore installation program should begin automatically.
  - If the PowerScore installation program does not start automatically then:
    - a. Click the Start button on the Task Bar, normally located at the bottom of the screen.
    - b. Click Run to bring up the Run dialog box.
    - c. Type `D:setup` (or `E:setup`, `F:setup`, etc. if your CD drive is not labeled as drive D) into the Open text box, then click OK. The installation program should begin momentarily.
4. Follow the on-screen instructions. During installation, you will be asked to provide information such as directory locations, icon locations, etc. Please use the default selections unless you have a compelling reason to change them.
5. Following installation, you must register your copy of PowerScore to unlock its full capabilities. See PowerScore Registration below for registration instructions.

### Installing from Diskette

1. Start Windows.
2. Insert Installation Disk 1 into the floppy drive.
3. Click the Start button on the Task Bar, normally located at the bottom of the screen.
4. Click Run to bring up the Run dialog box.
5. Type `A:setup` (or `B:setup` if your floppy drive is drive B) into the Open text box, then click OK. The installation program should begin momentarily.
6. Follow the on-screen instructions. During installation, you will be asked to provide information such as directory locations, icon locations, etc. Please use the default selections unless you have a compelling reason to change them.
7. Following installation, you must register your copy of PowerScore to unlock its full capabilities. See PowerScore Registration below for registration instructions.

## Starting PowerScore

1. Click the Start button on the System Task Bar, normally located at the bottom of the screen.
2. Click on Programs, then click on PowerScore.

## PowerScore Registration

After installation, you must register your copy of PowerScore to gain access to its full capabilities. An unregistered copy of PowerScore runs in demo mode, which places limits on its use. If you have purchased PowerScore you are eligible to receive a registration key. The registration key is used to unlock PowerScore.

### To receive your registration key:

1. Install and run PowerScore.
2. If you are running an unregistered copy of PowerScore you will be presented with the registration screen. Make a note of the serial number from this screen.
3. Call 806-891-3313 or email the serial number to [support@sandhillsoftware.com](mailto:support@sandhillsoftware.com). The serial number is used to generate your registration key.
4. When you receive your registration key, type it into the Registration Key box on the registration screen and click the Register PowerScore button.

If the registration screen does not appear when you run PowerScore then your copy is fully registered.

The registration screen only appears if you are running an unregistered copy of PowerScore. If you are just evaluating PowerScore or have not yet purchased your copy, you can click the Skip Registration button to continue in demo mode.

## Section 2. PowerScore Features and Overview

### PowerScore Features

#### Easy to Use

- Point and click mouse-driven interface.
- Automatic assignment of lifter weight class, BWT and Age coefficients.
- Customize your meet: set your own weight classes, best-lifter groups, places and points, events, etc.
- Cut and paste reports and data into spreadsheets, word-processor and web pages.
- Import and export complete meet results. Great for exchanging meet results with another PowerScore user.
- Keeps permanent records for an unlimited number of meets.

#### Powerful

- Supports entering either the best lifts or all lift attempts.
- Supports many BWT formulas (Schwartz, Malone, Wilks, Siff, NASA, etc). Or use the formula editor to create your own BWT formula.
- Supports Age formulas such as Reshel, Meltzer and Foster (Schwartz). Use the formula editor to customize your own age formula.
- Supports up to three events. Handles bench-press, push-pull and other mixed event divisions. Use the built-in events or add your own.
- Built in meet templates (IPF, WPF, WPA, APA, THSPA and others) for quick and easy meet setup. Or set up a customized template of your own design.
- Supports B-Team lifters (no points) and Guest lifters (no points and no awards)
- Supports formula-only meets. Great for small divisions with not enough lifters to assign to weight classes.

#### Fast

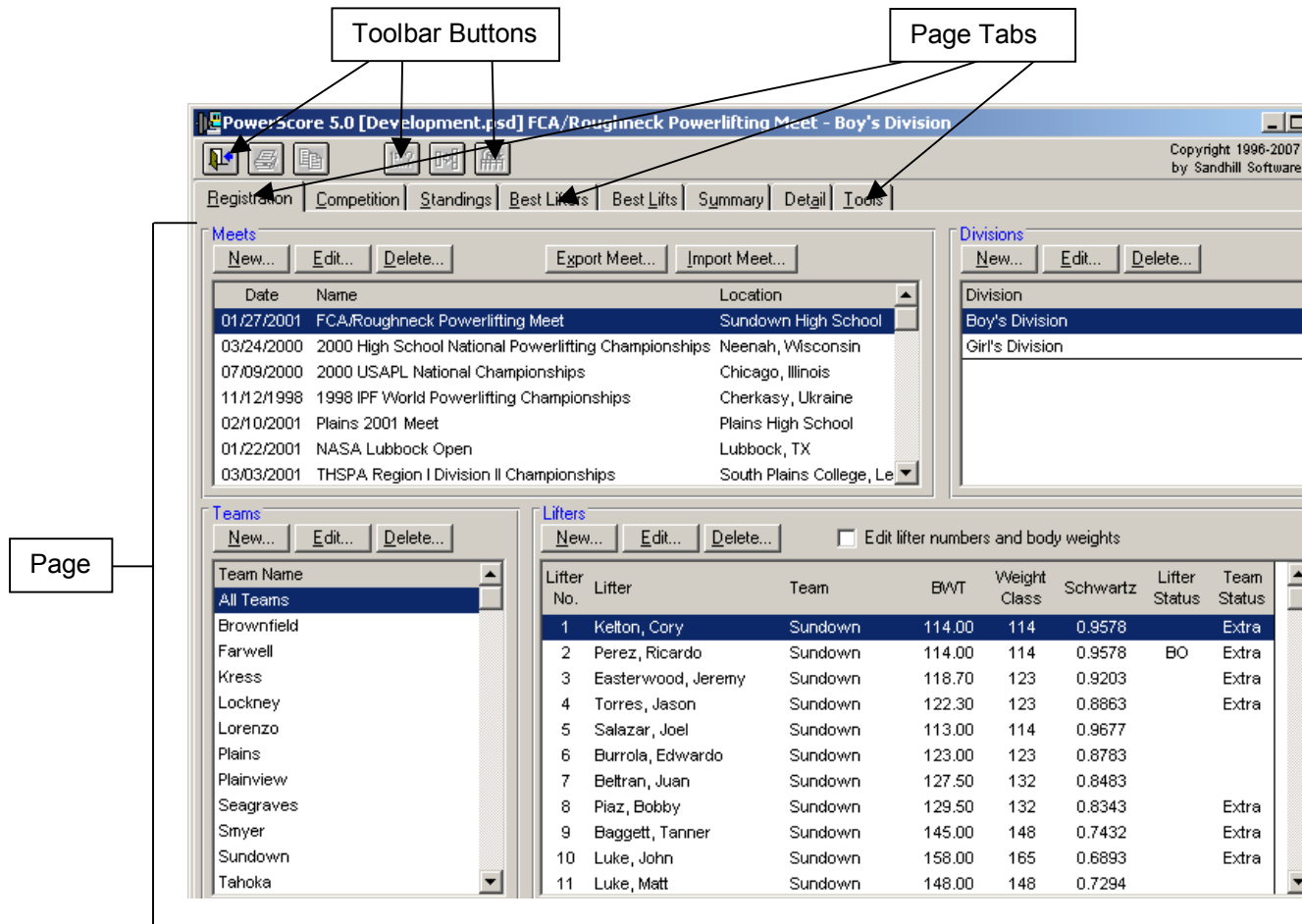
- One-click access to all data-entry screens and reports.
- Automatic calculation of lifter weight totals, team points, and individual and team rankings

### PowerScore Overview

All of the functionality of PowerScore is contained in eight screen pages. The pages are accessed by simply clicking on one of the tabs at the top of the display. The tabs are arranged from left to right in the order that they will typically be used during an actual meet. For example, the Registration page is accessed with the first tab. This is where all of the pre-meet work is done, such as adding teams, meets and lifters. The Competition tab is second. This is where the scorekeeper will spend most of his time during the meet. All lift weights are entered on this page. The next five tabs access the pages containing various reports needed for finalizing the meet or viewing current standings during the meet. The last tab accesses the Tools page, a collection of miscellaneous tools for use by the scorekeeper.

At the very top of the screen is the tool bar. The tool bar contains buttons or icons that when clicked, will perform some function that is relevant to the page currently displayed. The Exit button is displayed on all pages. Clicking the Exit button will stop PowerScore and return the user to Windows. Buttons displayed on other pages perform printing, column adjustments, and other functions to be described later.

The following figure highlights some of the main parts of the PowerScore user interface.



The process of scoring the meet using PowerScore is similar to the way it is usually done manually; registering teams and lifters, entering lift weights, and tabulating the results. The difference is that PowerScore is much quicker and more accurate. The PowerScore scoring process can be summarized into three steps:

**Step 1** is the meet setup. This is the process of entering information for the meet, the teams attending the meet, and the competing lifters themselves. All of this initial meet setup data is entered into PowerScore from the 1st screen page, the Registration Page. The Registration page gives the scorekeeper complete control over the meet sign-up and entry process, including entering lifter body weights, coefficients, and lifter numbers.

**Step 2** is the execution of the meet itself. The successful lifts of the competitors are entered into PowerScore during this step using the 2nd screen page, the Competition Page. As the lifter's successful lifts are entered into the Competition page, PowerScore calculates all total weights and coefficient weights. PowerScore also continuously updates individual standings, team points, and team standings. The Competition page also allows the viewing and sorting of lifters by weight class, team, individual weights, weight totals, etc.

**Step 3** is the job of finalizing the meet. PowerScore will generate any or all of five reports that can be used to finalize meet results. Within minutes of the completion of the meet, officials can be ready to announce individual and team results. These reports are accessed through the Standings Page, the Best Lifters Page, the Best Lifts Page, the Summary Page, and the Detail Page.

## Section 3. Quick Start – Scoring Your First Meet

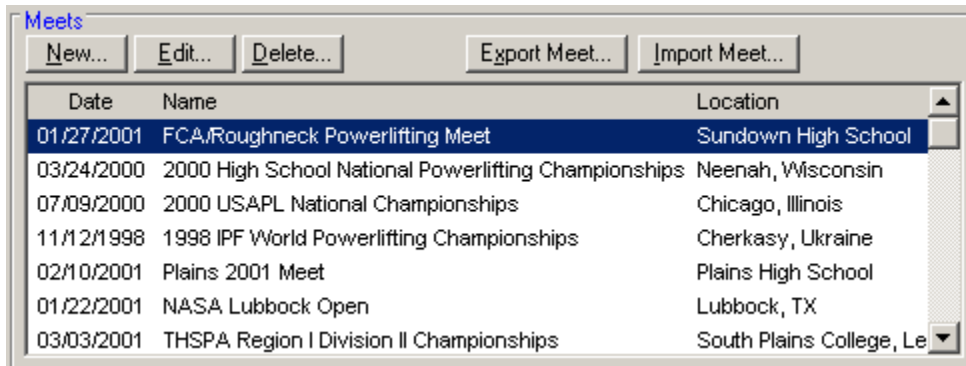
### Meet Setup

#### Add a new meet

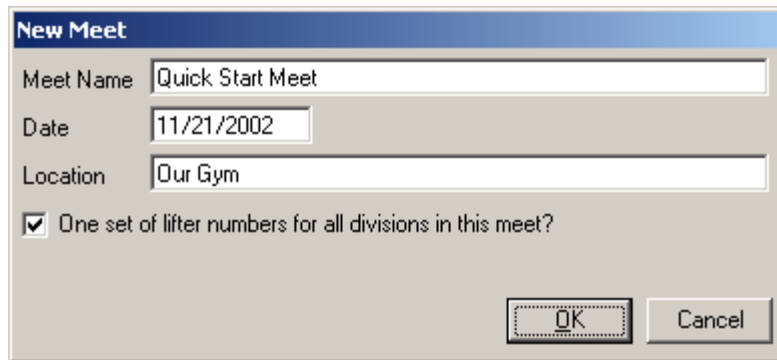
Click on the Registration Tab to go to the registration page.



In the Meets section click **New...**.



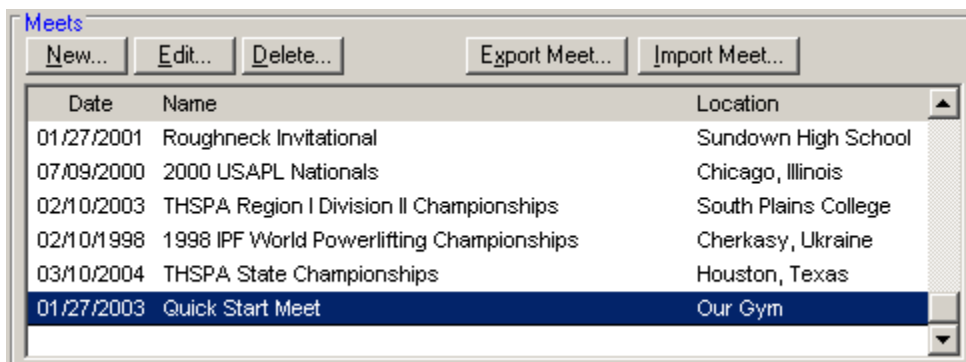
This will bring up the New Meet form. Fill in the form for your meet. Use the TAB key or the mouse to move the cursor from one item to the next.



A "New Meet" dialog box with the following fields and options:

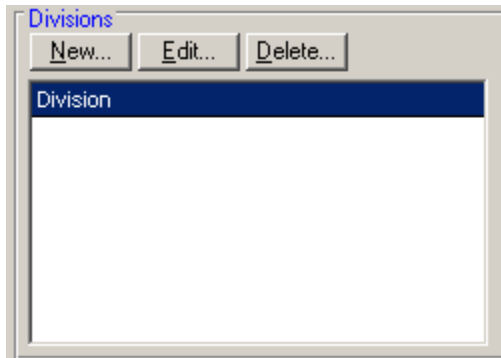
- Meet Name: Quick Start Meet
- Date: 11/21/2002
- Location: Our Gym
- One set of lifter numbers for all divisions in this meet?
- Buttons: OK, Cancel

Click **OK** when you're done. This will add your meet to the list of meets on the Registration Page.

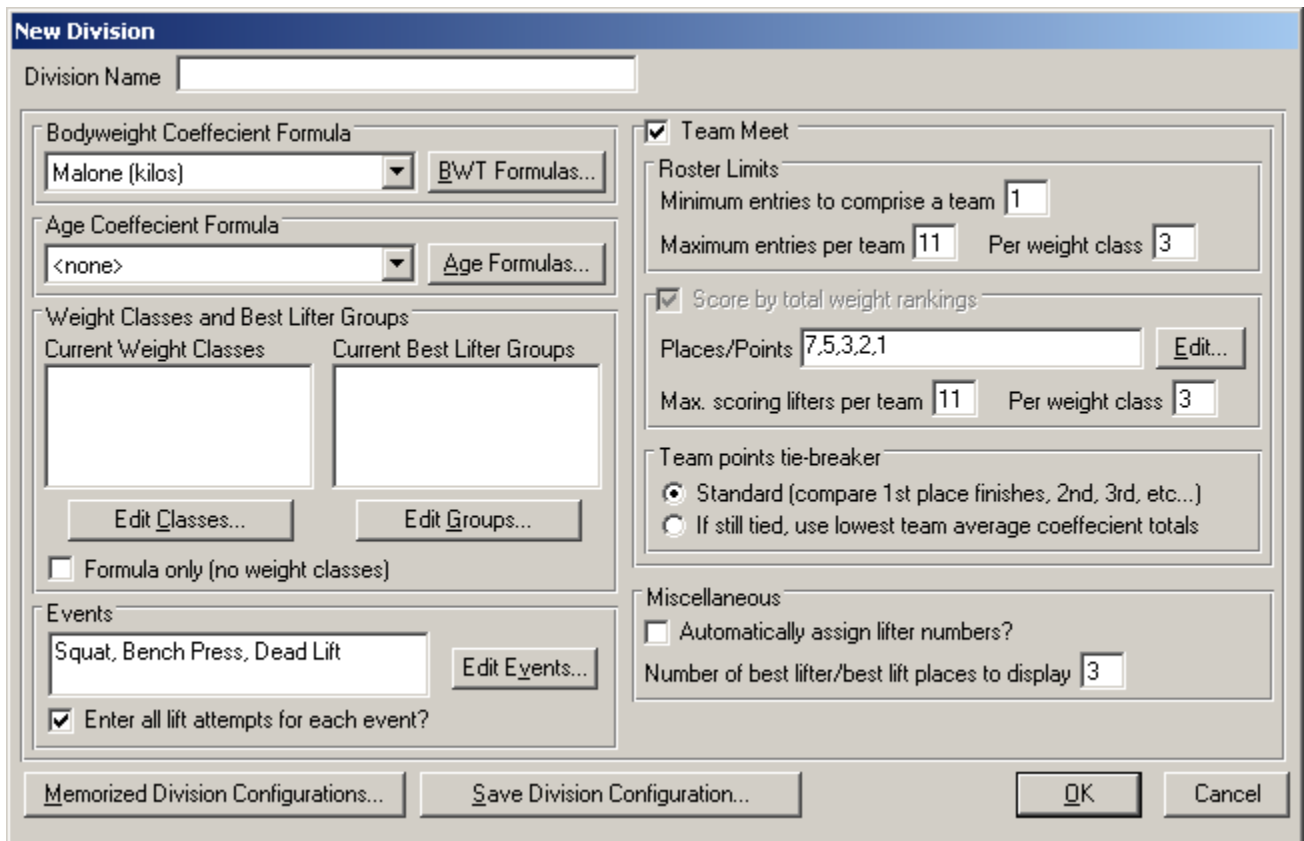


## Add a division to the new meet

In the Divisions section click **New...**.



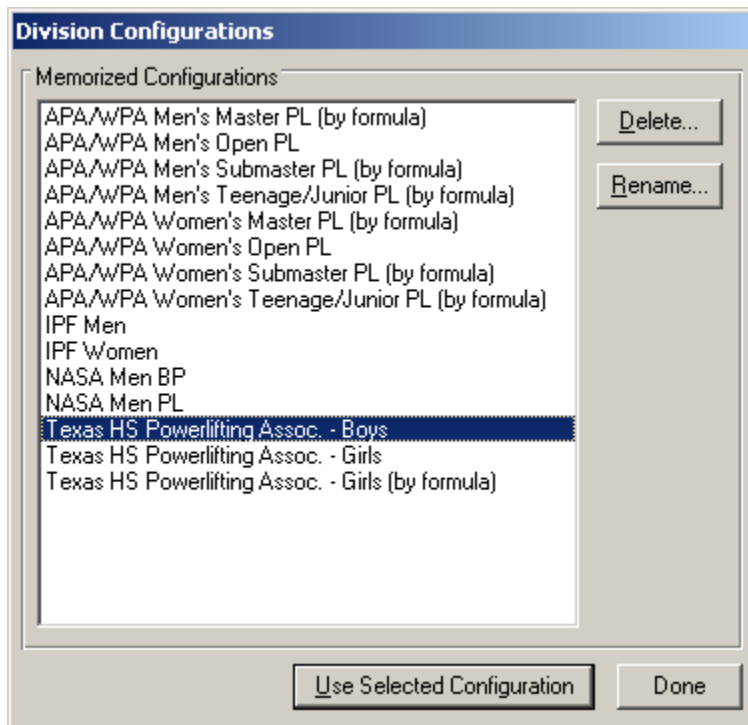
This will bring up the New Division form.

A screenshot of the "New Division" form. The form has a title bar "New Division" and a "Division Name" text field. Below this are several sections:

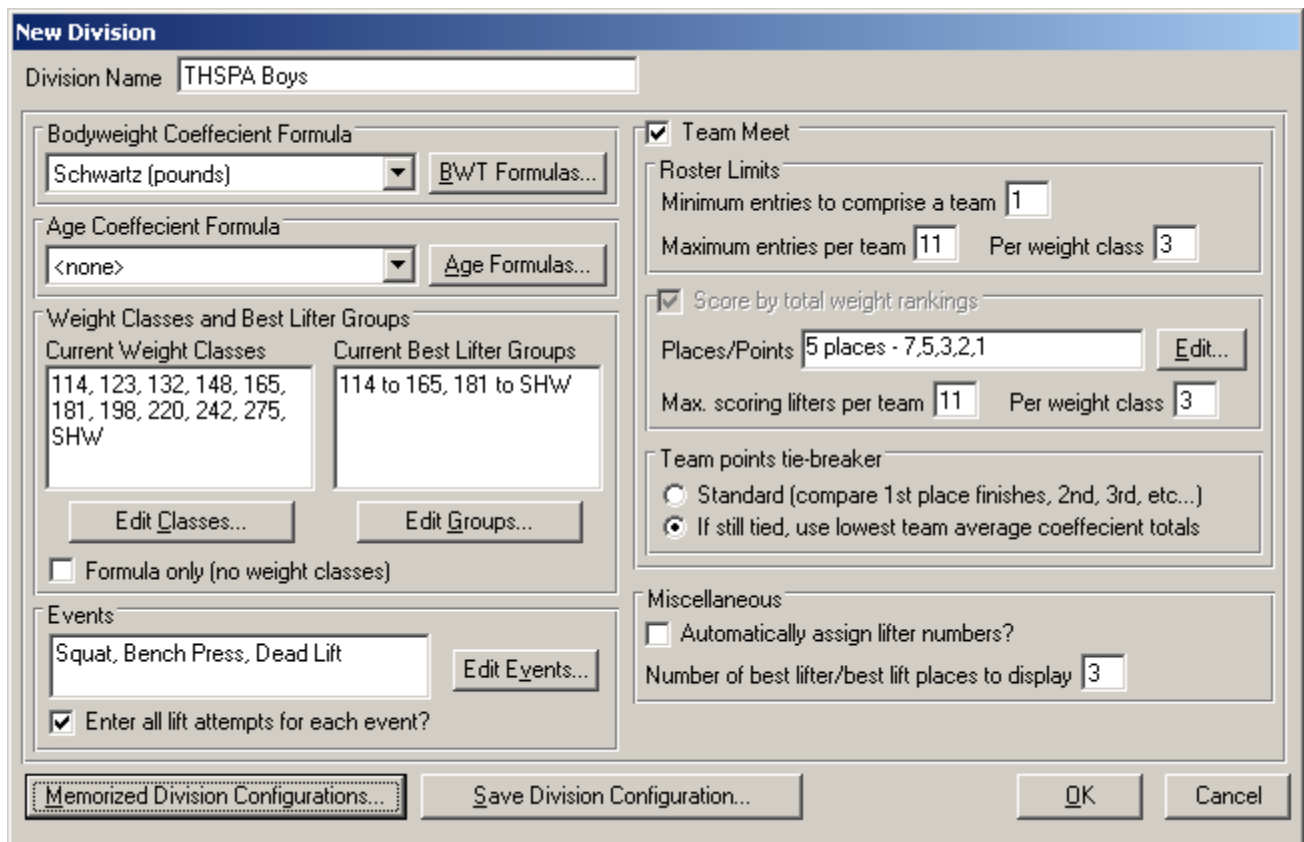
- Bodyweight Coefficient Formula:** A dropdown menu set to "Malone (kilos)" and a "BWT Formulas..." button.
- Age Coefficient Formula:** A dropdown menu set to "<none>" and an "Age Formulas..." button.
- Weight Classes and Best Lifter Groups:** Two empty list boxes labeled "Current Weight Classes" and "Current Best Lifter Groups". Below them are "Edit Classes..." and "Edit Groups..." buttons. A checkbox "Formula only (no weight classes)" is unchecked.
- Events:** A text field containing "Squat, Bench Press, Dead Lift" and an "Edit Events..." button. A checkbox "Enter all lift attempts for each event?" is checked.
- Team Meet:** A checked checkbox. Below it are "Roster Limits" with "Minimum entries to comprise a team" set to 1, "Maximum entries per team" set to 11, and "Per weight class" set to 3.
- Score by total weight rankings:** A checked checkbox. Below it are "Places/Points" set to "7,5,3,2,1" with an "Edit..." button, and "Max. scoring lifters per team" set to 11 and "Per weight class" set to 3.
- Team points tie-breaker:** Two radio buttons. The first is selected: "Standard (compare 1st place finishes, 2nd, 3rd, etc...)". The second is "If still tied, use lowest team average coefficient totals".
- Miscellaneous:** An unchecked checkbox "Automatically assign lifter numbers?" and "Number of best lifter/best lift places to display" set to 3.

At the bottom of the form are four buttons: "Memorized Division Configurations...", "Save Division Configuration...", "OK", and "Cancel".

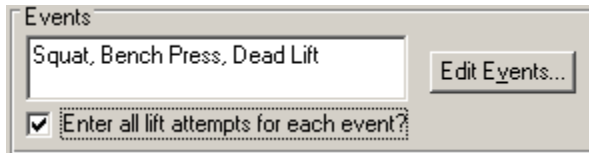
Click **Memorized Division Configurations...** to bring up the Division Configurations form.



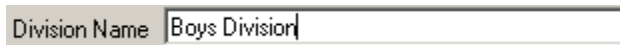
Click on the division configuration of your choice and click **Use Selected Configuration**. PowerScore will automatically fill in the New Division form from the information that is stored inside the memorized configuration.



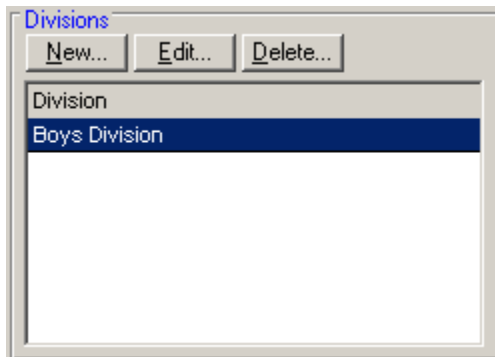
Make any modifications that you need for your division. One change you might want to make is the option labeled **Enter all lift attempts for each event**. If this option is selected, then you will be required to enter all three lift attempts for each event. If you want to enter only the best lift for each event, then make sure this option is not selected.



Another item that you may want to change is the **Division Name**, as it will default to the title of the memorized configuration that you selected.

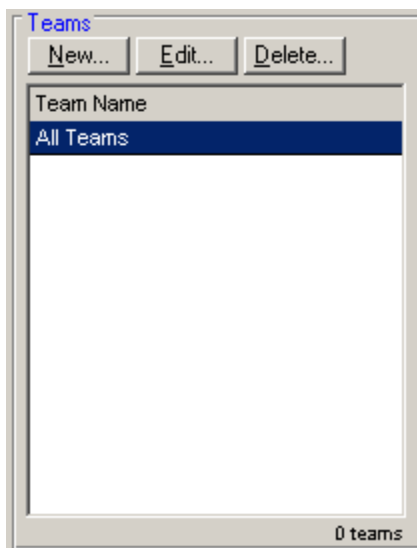


Click **OK** when you are ready to save your new division. This will add the new division to the divisions list on the Registration Page.

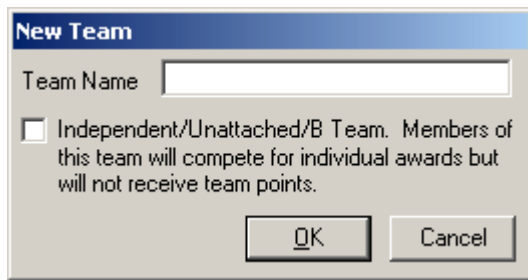


### Add teams to the new division

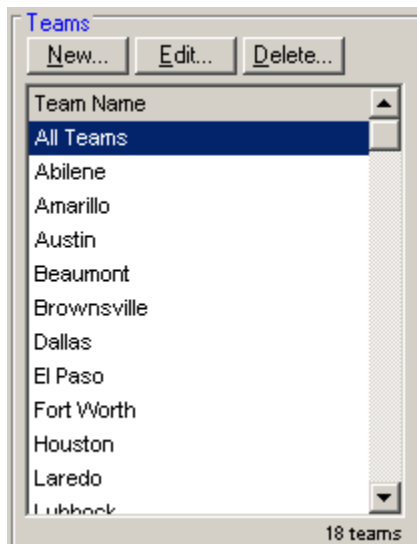
In the Teams section click **New...** .



This will bring up the New Team form.

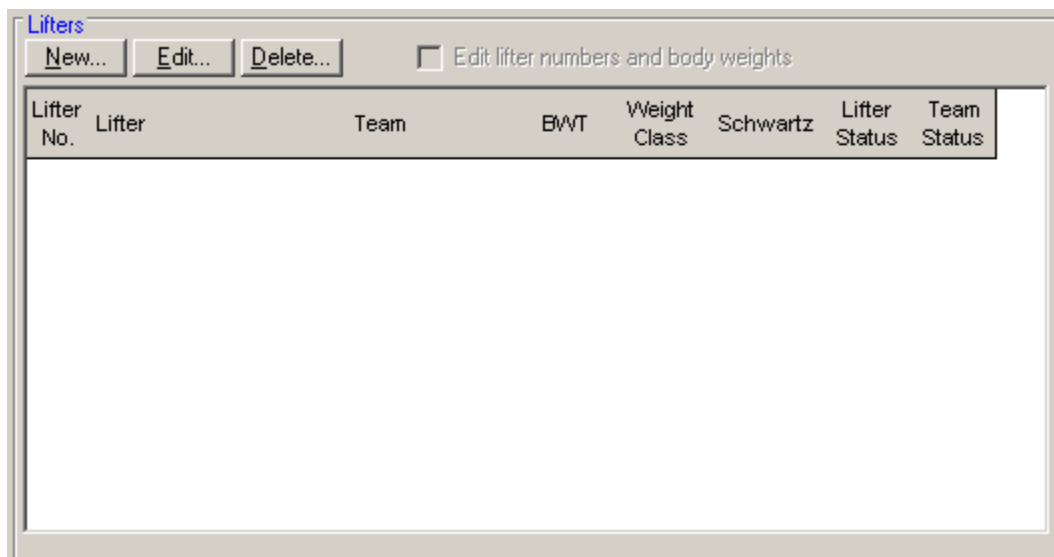


Type in a team name and press ENTER or click **OK** . This will add the new team to the list of teams on the Registration Page but will not exit the New Teams form. Continue the cycle of typing the team name and pressing ENTER until you have added all of the teams. Then press ESC or click **Cancel** to stop adding teams. The teams you entered will be listed in the teams list on the registration page.

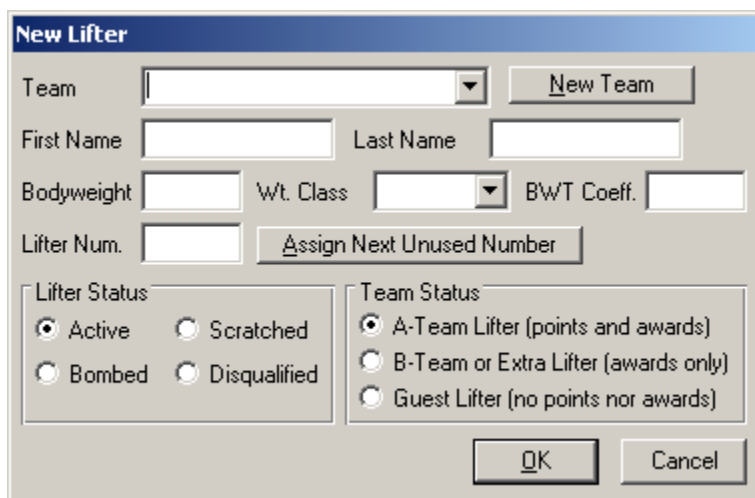


## Add lifters

In the Lifters section click **New...** .



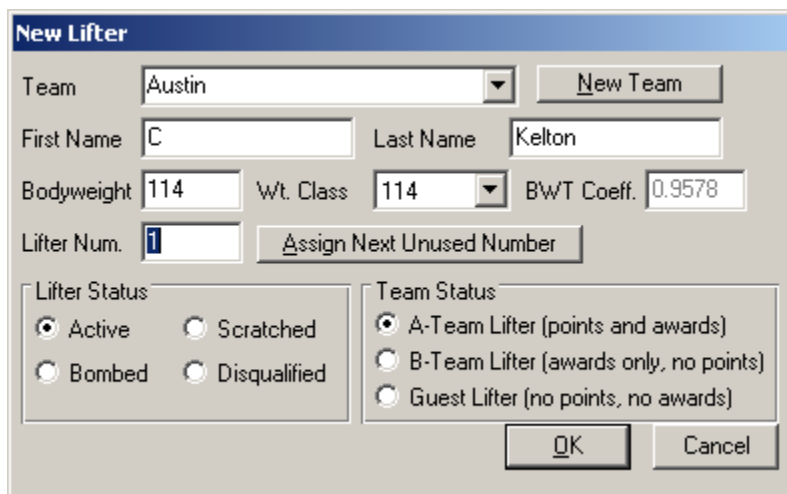
This will bring up the New Lifter form.



The screenshot shows the 'New Lifter' form with the following fields and options:

- Team: [Dropdown menu] [New Team]
- First Name: [Text box] Last Name: [Text box]
- Bodyweight: [Text box] Wt. Class: [Dropdown menu] BWT Coeff.: [Text box]
- Lifter Num.: [Text box] [Assign Next Unused Number]
- Lifter Status:  Active,  Scratched,  Bomed,  Disqualified
- Team Status:  A-Team Lifter (points and awards),  B-Team or Extra Lifter (awards only),  Guest Lifter (no points nor awards)
- [OK] [Cancel]

Select the team from the list by clicking  or by typing the first few letters of the team name. Press TAB to move through the form. Notice that when you enter the bodyweight, the weight class and the bodyweight coefficient will be filled in automatically. Normally the lifter number will be assigned automatically also, unless this behaviour is disabled for this division. When you have finished with this lifter, press ENTER or click  .



The screenshot shows the 'New Lifter' form with the following data entered:

- Team: Austin [Dropdown menu] [New Team]
- First Name: C Last Name: Kelton
- Bodyweight: 114 Wt. Class: 114 BWT Coeff.: 0.9578
- Lifter Num.: 1 [Assign Next Unused Number]
- Lifter Status:  Active,  Scratched,  Bomed,  Disqualified
- Team Status:  A-Team Lifter (points and awards),  B-Team Lifter (awards only, no points),  Guest Lifter (no points, no awards)
- [OK] [Cancel]

Continue with the next lifter. Once all the lifters have been added press ESC or click  to exit the form. The lifters you added will be listed in the lifters section on the Registration Page. You can click on a team in the teams list to display the lifters for a specific team.

PowerScore 5.0 [Development.psd] Quick Start Meet - Boy's Division

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Registration | Competition | Standings | Best Lifters | Best Lifts | Summary | Detail | Tools

**Meets**

New... Edit... Delete... Export Meet... Import Meet...

Date	Name	Location
01/27/2001	3 event test (all attempts)	Sundown High School
07/09/2000	2000 USAPL Nationals	Chicago, Illinois
02/10/2003	THSPA Region I Division II Championships	South Plains College
02/10/1998	1998 IPF World Powerlifting Championships	Cherkasy, Ukraine
03/10/2004	THSPA State Championships	Houston, Texas
01/27/2003	Quick Start Meet	Our Gym

**Divisions**

New... Edit... Delete...

Division

Boy's Division

**Teams**

New... Edit... Delete...

Team Name

All Teams

Abilene

Amarillo

Austin

Beaumont

Brownsville

Dallas

El Paso

Fort Worth

Houston

Laredo

Lubbock

18 teams

**Lifters**

New... Edit... Delete...  Edit lifter numbers and body weights

Lifter No.	Lifter	Team	BWT	Weight Class	Schwartz	Lifter Status	Team Status
1	Kelton, C	Austin	114.00	114	0.9578		
2	Perez, R	El Paso	114.00	114	0.9578		
3	Easterwood, J	Austin	118.70	123	0.9203		
4	Torres, J	Fort Worth	122.30	123	0.8863		
5	Salazar, J	Odessa	113.00	114	0.9677		
6	Burrola, E	McAllen	123.00	123	0.8783		
7	Beltran, J	Austin	127.50	132	0.8483		
8	Piaz, B	McAllen	129.50	132	0.8343		
9	Baggett, T	Austin	145.00	148	0.7432		
10	Luke, J	Austin	158.00	165	0.6893		
11	Luke, M	McAllen	148.00	148	0.7294		

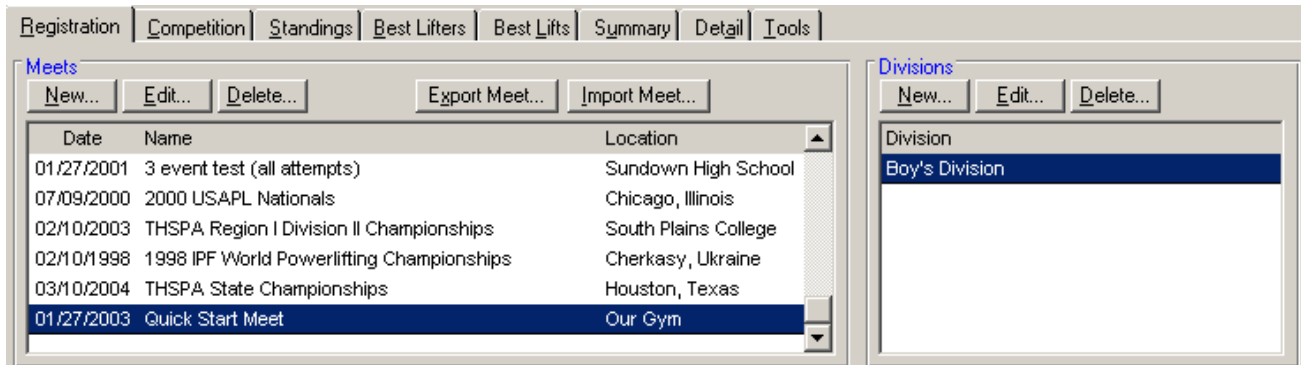
115 total lifters

That's all there is to it. Now you're ready to start the meet.

# Scoring The Meet

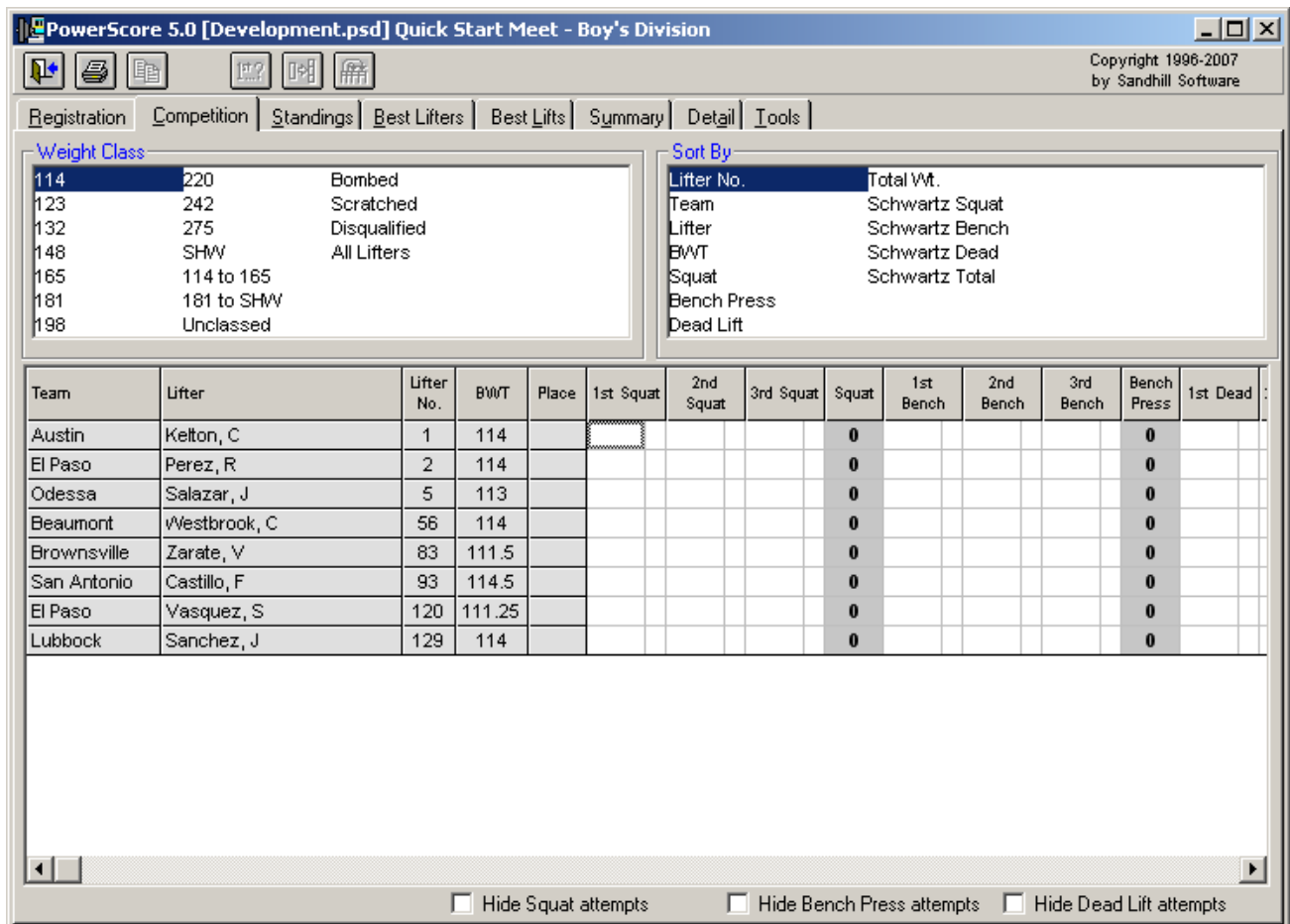
## Entering weights during the meet

First, on the Registration Page, make sure that you have selected the meet and the division that you will be scoring.



Click on the Competition Tab to go to the competition page.

If you have selected the option to enter all three lift attempts, then you will see three columns for each event, as seen in the following figure:



If you selected the option to enter only the best lift, then you will only see one column for each event, as shown below:

The screenshot shows the PowerScore 5.0 software interface. The title bar reads "PowerScore 5.0 [Development.psd] Quick Start Meet - Boy's Division". The menu bar includes "Registration", "Competition", "Standings", "Best Lifters", "Best Lifts", "Summary", "Detail", and "Tools". The "Weight Class" section on the left lists weight classes: 114 (220, Bombed), 123 (242, Scratched), 132 (275, Disqualified), 148 (SHW, All Lifters), 165 (114 to 165), 181 (181 to SHW), and 198 (Unclassed). The "Sort By" section on the right lists: Lifter No., Total Wt., Team, Schwartz Squat, Lifter, Schwartz Bench, BWT, Schwartz Dead, Squat, Schwartz Total, Bench Press, and Dead Lift. The main table displays the following data:

Team	Lifter	Lifter No.	BWT	Place	Squat	Bench Press	Dead Lift	Total Wt.	Schwartz	Schwartz Squat	Schwartz Bench	Schwartz Dead	Schwartz Total
Austin	Kelton, C	1	114		0	0	0	0	0.9578	0.00	0.00	0.00	0.00
El Paso	Perez, R	2	114		0	0	0	0	0.9578	0.00	0.00	0.00	0.00
Odessa	Salazar, J	5	113		0	0	0	0	0.9677	0.00	0.00	0.00	0.00
Beaumont	Westbrook, C	56	114		0	0	0	0	0.9578	0.00	0.00	0.00	0.00
Brownsville	Zarate, V	83	111.5		0	0	0	0	0.9884	0.00	0.00	0.00	0.00
San Antonio	Castillo, F	93	114.5		0	0	0	0	0.9578	0.00	0.00	0.00	0.00
El Paso	Vasquez, S	120	111.25		0	0	0	0	0.9884	0.00	0.00	0.00	0.00
Lubbock	Sanchez, J	129	114		0	0	0	0	0.9578	0.00	0.00	0.00	0.00

Next, in the Weight Class section, click on the weight class you will be working with.

The close-up screenshot shows the "Weight Class" section with the following list:

- 114 220 Bombed
- 123 242 Scratched
- 132 275 Disqualified
- 148 SHW All Lifters
- 165 114 to 165**
- 181 181 to SHW
- 198 Unclassed

Under the desired event column, click on the desired lifter then type in the weight lifted and press ENTER. The weight that you enter will be used to calculate the remaining columns.

If you have selected the option to enter all lift attempts, then you will enter each lift attempt as the meet progresses. You also have the option of entering only the best lift (see the section on Adding a New Division earlier in the guide).

To mark a failed attempt (if you are entering all lift attempts) you have two options:

- Option 1: Double-click the small box next to the right of the weight attempted.
- Option 2: Place the cursor in the small box and press either **Space** or the **X** key.

Either of these methods will place a red **X** in the box, marking this lift as failed. The status of each lift will also be indicated by the font style. For example: ~~250~~ (failed lift), 250 (successful lift) or **250** (best lift).

Team	Lifter	Lifter No.	BWT	Place	1st Squat	2nd Squat	3rd Squat	Squat	1st Bench	2nd Bench	3rd Bench	Bench Press	1st D
Austin	Luke, J	10	158	3	250	<b>260</b>		<b>260</b>				<b>0</b>	
Austin	Solis, A	12	163	1	380	<b>400</b>		<b>400</b>				<b>0</b>	
Dallas	Pauling, B	26	163	2	<b>290</b>	<del>345</del> X		<b>290</b>				<b>0</b>	
Dallas	Dominguez, J	27	154	11	<b>200</b>	<del>245</del> X		<b>200</b>				<b>0</b>	
Tyler	Tells, N	35	165.25	10	190	<b>220</b>		<b>220</b>				<b>0</b>	
Victoria	Rodriguez, O	37	159	8	<b>240</b>	<del>265</del> X		<b>240</b>				<b>0</b>	
Dallas	Salinas, M	41	164.5	SC	<b>200</b>			<b>200</b>				<b>0</b>	
San Angelo	Garcia, M	43	161	4	<b>260</b>			<b>260</b>				<b>0</b>	
Abilene	Stroope, B	50	165		<del>250</del> X			<b>0</b>				<b>0</b>	
Beaumont	Stapp, S	59	161	SC	<b>190</b>			<b>190</b>				<b>0</b>	
Beaumont	Rios, J	60	156	6	<b>250</b>			<b>250</b>				<b>0</b>	
Laredo	Martinez, J	61	165.25	12	<b>200</b>			<b>200</b>				<b>0</b>	
Fort Worth	VanCuren, E	68	151.75		<del>250</del> X			<b>0</b>				<b>0</b>	
San Antonio	Zuniga, M	90	159	7	<b>250</b>			<b>250</b>				<b>0</b>	
Houston	Baker, H	102	165		<del>245</del> X			<b>0</b>				<b>0</b>	

Hide Squat attempts   
 Hide Bench Press attempts   
 Hide Dead Lift attempts

If you are entering only the best lift, then your screen will look like the following as the meet progresses.

Team	Lifter	Lifter No.	BWT	Place	Squat	Bench Press	Dead Lift	Total Wt.	Schwartz	Schwartz Squat	Schwartz Bench	Schwartz Dead	Schwartz Total
Austin	Luke, J	10	158	3	260	160	0	420	0.6893	179.22	110.29	0.00	289.5
Austin	Solis, A	12	163	1	400	200	0	600	0.6720	268.80	134.40	0.00	403.2
Dallas	Pauling, B	26	163	2	290	180	0	470	0.6720	194.88	120.96	0.00	315.8
Dallas	Dominguez, J	27	154	5	200	150	0	350	0.7044	140.88	105.66	0.00	246.5
Tyler	Tells, N	35	165.25	4	220	160	0	380	0.6656	146.43	106.50	0.00	252.9
Victoria	Rodriguez, O	37	159	14	240	0	0	240	0.6857	164.57	0.00	0.00	164.5
Dallas	Salinas, M	41	164.5	SC	200	0	0	0	0.6688	0.00	0.00	0.00	0.00
San Angelo	Garcia, M	43	161	6	260	0	0	260	0.6787	176.46	0.00	0.00	176.4
Abilene	Stroope, B	50	165	12	250	0	0	250	0.6656	166.40	0.00	0.00	166.4
Beaumont	Stapp, S	59	161	SC	190	0	0	0	0.6787	0.00	0.00	0.00	0.00
Beaumont	Rios, J	60	156	10	250	0	0	250	0.6967	174.18	0.00	0.00	174.1
Laredo	Martinez, J	61	165.25	16	200	0	0	200	0.6656	133.12	0.00	0.00	133.1
Fort Worth	VanCuren, E	68	151.75	7	250	0	0	250	0.7165	179.13	0.00	0.00	179.1
San Antonio	Zuniga, M	90	159	11	250	0	0	250	0.6857	171.43	0.00	0.00	171.4
Houston	Baker, H	102	165	13	245	0	0	245	0.6656	163.07	0.00	0.00	163.0
Houston	Pelphrey, M	106	155	9	250	0	0	250	0.7004	175.10	0.00	0.00	175.1

To mark a lifter as bombed (failed to lift a weight for an event) then right-click on the lifter, click **Lifter Status**, then **Bombed Out**. You can also use right-click to Scratch or Disqualify a lifter. The resulting lifter status will be displayed in the Place column (BO=bombed, SC=scratched, DQ=disqualified).

Team	Lifter	Lifter No.	BWT	Place	1st Squat	2nd Squat	3rd Squat
Houston	Anthony, M	16	217	1	375	<b>400</b>	<del>440</del> X
Victoria	Carroll, P	36	210	10	<b>200</b>	<del>225</del> X	<del>225</del> X
Tyler		7	270		<del>300</del> X	<b>300</b>	
Dallas							
Amarillo	Garza, T	52	217				
Beaumont	Cueller, M	64	217				
Laredo	Martinez, B	65	208				

**Edit Lifter...**    **Ctrl+Shift+E**

**Lifter Status**    **Active**    **Ctrl+Shift+A**

**Bombed Out**    **Ctrl+Shift+B**

**Scratched**    **Ctrl+Shift+S**

**Disqualified**    **Ctrl+Shift+D**

## Printing subtotals during the meet

Click on the Competition Tab to go to the competition page. In the weight class section, click on the weight class that you want to report.

PowerScore 5.0 [Development.psd] Quick Start Meet - Boy's Division

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Registration Competition **Standings** Best Lifters Best Lifts Summary Detail Tools

Weight Class

114	220	Bombed
123	242	Scratched
132	275	Disqualified
148	SHW	All Lifters
165	114 to 165	
181	181 to SHW	
198	Unclassed	

Sort By

Lifter No.	Total Wt.
Team	Schwartz Squat
Lifter	Schwartz Bench
BWT	Schwartz Dead
Squat	Schwartz Total
Bench Press	
Dead Lift	

Team	Lifter	Lifter No.	BWT	Place	1st Squat	2nd Squat	3rd Squat	Squat	1st Bench	2nd Bench	3rd Bench	Bench Press	1st Dead
McAllen	Garza, M	15	186.1	7	300	325	340 X	325				0	
Dallas	Jenkins, C	24	183	6	300	315	330	330				0	
Amarillo	Rodriguez, F	51	198	BO	325 X	325 X	325 X	0				0	
Beaumont	Cerda, J	63	184	3	350 X	350	375 X	350				0	
Brownsville	Barrera, I	88	198.25	2	350	370	400 X	370				0	
Houston	Vasquez, R	101	192	4	350 X	350	370 X	350				0	
Odessa	Escobar, L	117	183	5	300	320	340	340				0	
El Paso	Hunt, B	119	188	1	350	375	395 X	375				0	
El Paso	Goettsch, D	124	192	8	200	210	225	225				0	
Lubbock	Riemath, B	130	195.25	BO	150 X	150 X	150 X	0				0	

Hide Squat attempts  Hide Bench Press attempts  Hide Dead Lift attempts

Click the printer icon on the toolbar. This will bring up the Competition Report form.

Competition Report

Sort by

Place (for posting results during meet)  Lifter No. (as selected on Competition Page)

Report format

Portrait, Letter size  Landscape, Letter size  Landscape, Legal size

Print Cancel

Select a report format and click **Print** . A report similar to the following will be printed if you have set up your division to enter all lift attempts.

Current Standings - 198 Class

Plc	No.	Lifter	Team	BWT	1st Squat	2nd Squat	3rd Squat	1st Bench	2nd Bench	3rd Bench	1st Dead	2nd Dead	3rd Dead	Total
1	119	Hunt, B	El Paso	188	350	375	395							375
2	88	Barrera, I	Brownsville	198.25	350	370	400							370
3	63	Cerda, J	Beaumont	184	350	350	375							350
4	101	Vasquez, R	Houston	192	350	350	370							350
5	117	Escobar, L	Odessa	183	300	320	340							340
6	24	Jenkins, C	Dallas	183	300	315	330							330
7	15	Garza, M	McAllen	186.1	300	325	340							325
8	124	Goettsch, D	El Paso	192	200	210	225							225
BO	130	Riemath, B	Lubbock	195.25	450	450	450							0
BO	51	Rodriguez, F	Amarillo	198	325	325	325							0

Legend: Successful Lift Failed Lift Best Lift BO=Bombd SC=Scratched DQ=Disqualified

If you have configured the division to enter only the best lifts then your report will look more like this:

Current Standings - 165 Class

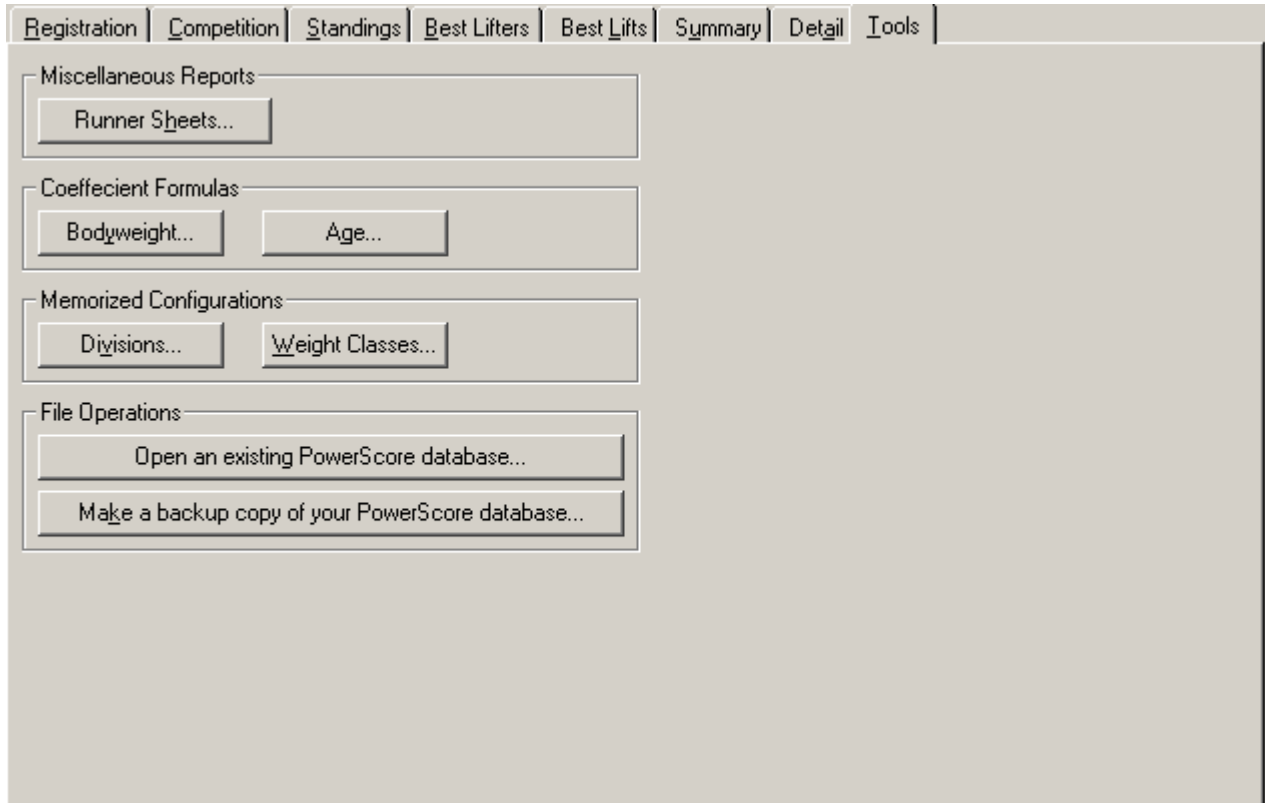
Place	No.	Lifter	Team	BWT	Squat	Bench Press	Dead Lift	Total
1	49	Becks, D	Brownsville	150	520.00	0.00	0.00	520.00
2	52	Williams, B	Austin	164	510.00	0.00	0.00	510.00
3	54	Atkins, L	Laredo	158.5	505.00	0.00	0.00	505.00
4	50	Ricchio, K	Houston	149	495.00	0.00	0.00	495.00
5	51	Beasley, M	Houston	155	490.00	0.00	0.00	490.00
6	53	Bennett, T	Amarillo	160	470.00	0.00	0.00	470.00
7	60	Keel, D	Abilene	154	450.00	0.00	0.00	450.00
8	55	Winter, C	El Paso	151.5	445.00	0.00	0.00	445.00
9	56	Bryant, C	San Antonio	159.5	445.00	0.00	0.00	445.00
10	59	Stratton, J	Tyler	153	415.00	0.00	0.00	415.00
11	57	Bauer, G	McAllen	150.5	410.00	0.00	0.00	410.00
12	58	Meninga, R	Dallas	153.75	395.00	0.00	0.00	395.00

Repeat the above steps for any other weight classes that you want to report. The reports can be posted for viewing during the meet.

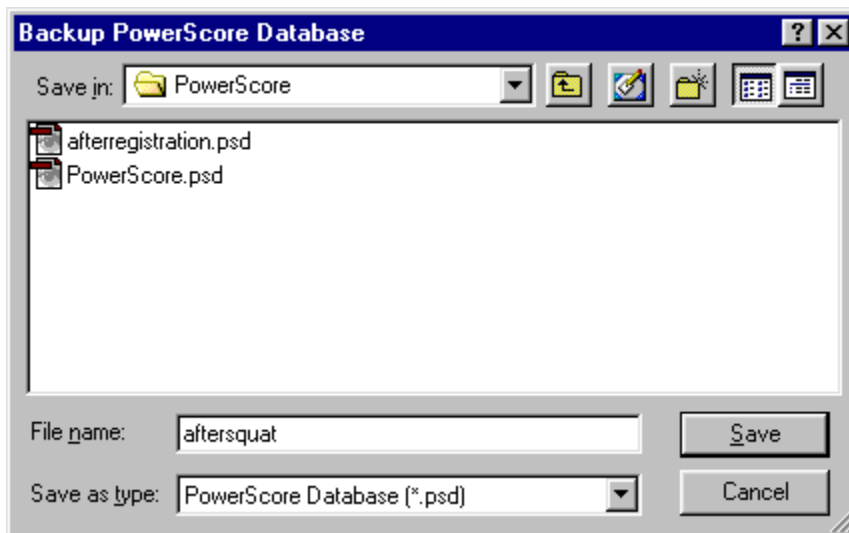
## Backing up your data during the meet

It is good idea to make periodic backups of your data during the meet. You can backup as often as you wish, but you should at least make a backup after the registration process and after the completion of each event.

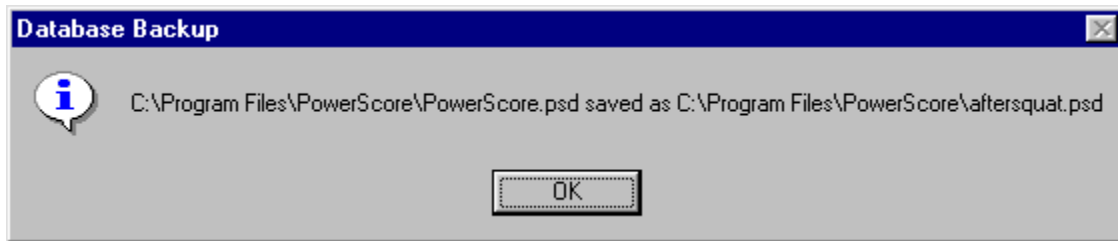
Click the Tools Tab to go to the Tools page.



Click **Make a backup copy of you PowerScore database...** to bring up the Backup PowerScore Database form.



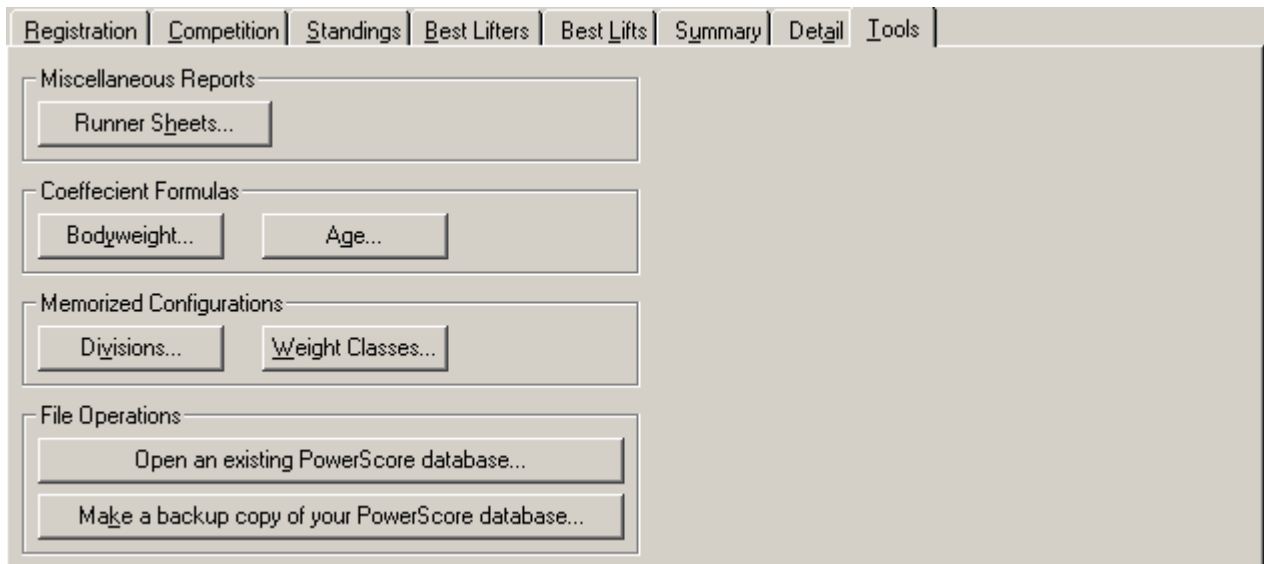
Type a filename of your choice into the File Name box and click **Save**. A copy of the database file that you are currently using (listed at the top of the main PowerScore window) will be copied to the new file that you entered. This new file can be opened for use at a later time if needed.



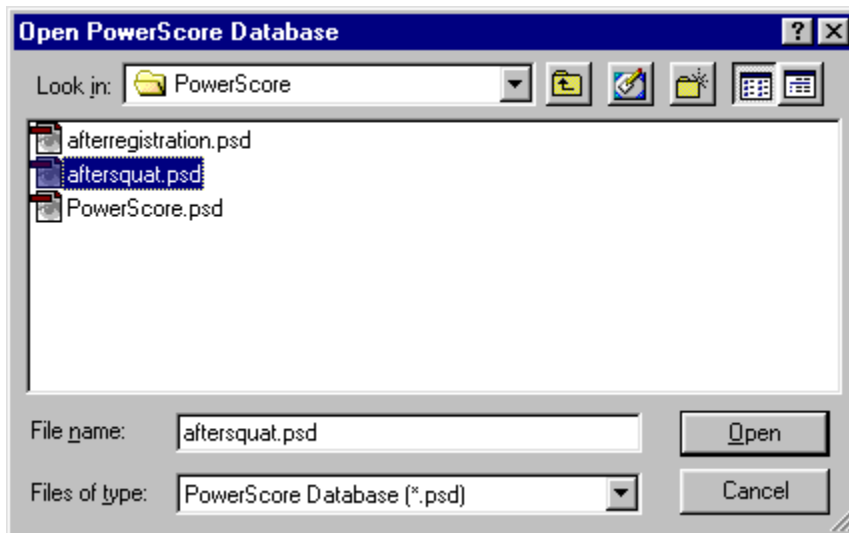
To restore from a backup database see the *Restoring from a database backup* below.

## Restoring from a database backup

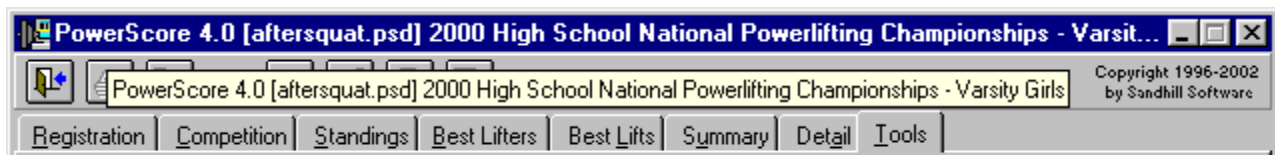
Click the Tools Tab to go to the Tools page.



Click **Open an existing PowerScore database...** to bring up the Open PowerScore Database form.



Click on the database of your choice and click **Open**. After a moment the database will be ready for use. You can verify the database that is use by looking at the window title at the top of the PowerScore main window or by placing the mouse cursor on the window title. The database in use will be included in the window title.



# Finishing The Meet

## Printing Reports

Any of the five report pages can be used to print reports. But at the completion of the meet there are two reports that are particularly useful; the **Summary Report** and the **Detail Report**.

The Summary Report is useful for announcing and posting final results. It lists the point/award winners for each division, the best lifters, and the team point totals and final places.

The Detail Report provides a complete recap of the entire meet. It lists all available data for all lifters, including BWTs, coefficients, lift results, totals and places.

### Printing the Summary Report

Click on the Summary Tab to go to the Summary page.

114 Class				123 Class			
1. Castillo, F	93	San Antonio	695.00	1. Hanson, C	116	Odessa	820.00
2. Salazar, J	5	Odessa	645.00	2. Burrola, E	6	McAllen	705.00
3. Kelton, C	1	Austin	630.00	3. Torres, J	4	Fort Worth	680.00
4. Zarate, V	83	Brownsville	605.00	4. Richards, J	39	Dallas	670.00
5. Westbrook, C	56	Beaumont	600.00	5. Naranjo, C	57	Beaumont	670.00


132 Class				148 Class			
1. Grant, J	92	San Antonio	730.00	1. Solorzano, S	48	Amarillo	950.00
2. Garcia, G	113	Midland	660.00	2. Luke, M	11	McAllen	890.00
3. Beltran, J	7	Austin	655.00	3. Benavides, M	47	Amarillo	870.00
4. Rodriguez, D	31	Dallas	655.00	4. Valdez, R	29	Dallas	740.00
5. Pompa, V	95	San Antonio	650.00	5. Reyes, E	58	Laredo	725.00

165 Class				181 Class			
1. Pauling, B	26	Dallas	875.00	1. Brooker, C	89	San Antonio	1185.00
2. Stroope, B	50	Abilene	850.00	2. Quintana, J	118	Austin	1080.00
3. Pelphrey, M	106	Houston	830.00	3. Mendoza, R	126	Lubbock	910.00
4. Rios, J	60	Beaumont	820.00	4. Larralde, P	103	Victoria	905.00
5. Garcia, M	43	San Angelo	815.00	5. Martinez, U	62	Beaumont	885.00

198 Class				220 Class			
1. Hunt, B	119	El Paso	1075.00	1. Anthony, M	16	Houston	1070.00
2. Cerda, J	63	Beaumont	955.00	2. Gonzales, M	66	Beaumont	980.00

Click the printer icon  on the toolbar to print a copy of the Summary Report.

## Printing the Detail Report

Click on the Detail Tab to go to the Detail page.

PowerScore 5.0 [Development.psd] Quick Start Meet - Boy's Division

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Registration | Competition | Standings | Best Lifters | Best Lifts | Summary | **Detail** | Tools

Combine Divisions into a Single Report...

Detail Report

Wt. Class	Place	Lifter	Lifter Num	Team	BWT	Squat	Bench Press	Dead Lift	Total	Schwartz	Schwartz Squat
114	1	Castillo, F	93	San Antonio	114.50	200.00	175.00	320.00	695.00	0.9578	191.56
	2	Salazar, J	5	Odessa	113.00	175.00	250.00	220.00	645.00	0.9677	169.35
	3	Kelton, C	1	Austin	114.00	200.00	165.00	265.00	630.00	0.9578	191.56
	4	Zarate, V	83	Brownsville	111.50	170.00	185.00	250.00	605.00	0.9884	168.03
	5	Westbrook, C	56	Beaumont	114.00	215.00	130.00	255.00	600.00	0.9578	205.93
	BO	Perez, R	2	El Paso	114.00	180.00	120.00	0.00	0.00	0.9578	0.00
	BO	Sanchez, J	129	Lubbock	114.00	0.00	150.00	225.00	0.00	0.9578	0.00
123		Vasquez, S	120	El Paso	111.25	200.00	0.00	0.00	0.00	0.9884	0.00
	1	Hanson, C	116	Odessa	123.00	270.00	180.00	370.00	820.00	0.8783	237.14
	2	Burrola, E	6	McAllen	123.00	255.00	175.00	275.00	705.00	0.8783	223.97
	3	Torres, J	4	Fort Worth	122.30	225.00	180.00	275.00	680.00	0.8863	199.42
	4	Richards, J	39	Dallas	117.00	145.00	175.00	350.00	670.00	0.9292	134.73
	5	Naranjo, C	57	Beaumont	119.00	200.00	160.00	310.00	670.00	0.9115	182.30
	6	Easterwood, J	3	Austin	118.70	210.00	190.00	250.00	650.00	0.9203	193.26
	7	Sellers, T	32	Fort Worth	120.00	180.00	165.00	300.00	645.00	0.9029	162.52
	8	Adame, J	87	Brownsville	119.00	120.00	135.00	325.00	580.00	0.9115	109.38
BO	Nevarez, C	125	San Angelo	122.00	170.00	0.00	0.00	0.00	0.8863	0.00	
DQ	Gonzales, Z	111	Houston	123.50	270.00	170.00	0.00	0.00	0.8783	0.00	
132	1	Grant, J	92	San Antonio	131.75	235.00	180.00	315.00	730.00	0.8210	192.94
	2	Garcia, G	113	Midland	130.00	210.00	130.00	320.00	660.00	0.8276	173.80
	3	Beltran, J	7	Austin	127.50	205.00	155.00	295.00	655.00	0.8483	173.90
	4	Rodriguez, D	31	Dallas	132.00	210.00	165.00	280.00	655.00	0.8146	171.07

Click the printer icon  on the toolbar to print a copy of the Detail Report.